

## Spring Lake Massage Therapy & Wellness Center



### Happy Fall!

#### 2020 Marks 10 years in practice for Leanne

I think it can be said that ten years in practice for massage therapy is a milestone! I've learned a lot about my profession, what it takes to run a successful small business, how to hone my style of care for effectiveness, and what's important and what has value to my clients. I have accrued many hours of continuing education for various aspects of bodywork, always with the goal of providing more quality of care for my clients. Over the years, I have gathered many skills; Reiki Master, Intraoral Massage Endorsement, Haase Secrets of Deep Tissue certification, Medicupping certification, Hot Stone and Aromatherapy practice and the list goes on.

**So what's new and exciting?** I am delighted to be pursuing certification in continuing education techniques for orthopedic massage and Integrated Manual Therapy from renowned teacher, James Waslaski, who has studied with many of the "massage masters", including Erik Dalton. I am looking forward to delving into this world of learning to assess and eliminate nerve compression patterns which will support my client's healing and decrease pain. Doesn't that sound promising? We are lifelong learners and I'm looking forward to sharing my newly found skills with my clients.

**Goals for the New Decade?** My plan is to continue to provide manual therapy for as long as my physical health and fitness will allow. Right now, I'm going strong! I would like to hire and grow my practice within the few months, moving into a more managerial and mentoring role for newer employee therapists and teaching what I have learned on my journey, while still maintaining my current massage clients.

#### Coming Soon...

**In support of continued growth of the practice and the healing results you've come to expect from Spring Lake Massage Therapy & Wellness Center, all service rates will show a modest increase beginning on January 1, 2020.**

A new rate sheet will be sent out in a couple of weeks, and will go into effect on January 1st of the new year, so please keep an eye out for it. The new rate sheet will also be available for pick up in the office.

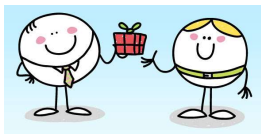
Please take advantage of the opportunity to lock in the current rates by pre-paying for as many packages, sessions, and/ or gift certificates as you would like, at the current rates up until December 31st, 2019 at 11:59PM. Pre-payment can be done online through the MassageBook app or contact either Leanne or Shanna for assistance at 253-878-0174. Pre-payment of packages, sessions and/ or gift certificates is valid for the full year of 2020. Should product(s) remain unused by the

end of year 2020, the pre-paid amount for the product will be applied to the current 2021 service rate and the difference payable at the time of the service.

I am looking forward to implementing new ideas and goals for Spring Lake Massage Therapy & Wellness Center in 2020 and partnering with you, my valued clients, to grow this practice into its healing potential. Thank you from the bottom of my heart for your continued support!



~Leanne Kuhlman, LMT  
Owner, Spring Lake Massage Therapy & Wellness Center



### Gift Shop

- New hand milled soaps for the holidays in Holiday festive scents
- Warm neck cozies are back for those



### Revamped Front Office

You may have noticed the front office looks different. The reception desk has been removed and it is now a comfortable client waiting area. There is seating to comfortably relax and wait in case the main office door is locked. For those who aren't in the



### Reminder! Hear Ye! Hear Ye!

Don't Forget to start turning in your video clips! **You could win a package of (3) 1-hour Swedish massages just for sending us a video clip of your favorite fun activity!** Remember, the contest ends December 1st, 2019. Check out all

chilly Fall  
days

- Aromatherapy necklaces make a great gift
- Hand crafted sterling silver wrapped gemstone necklaces look great with your Autumn sweater!
- More Magnabilities in stock and more on the way...including Holiday themed designs!
- Many more one-of-a-kind items to explore

"know", the main door is locked when a session is in progress, or the current client is being assisted with the checkout process. If the main door is open, you are always welcome to come on in! The Client Waiting Area has a water cooler available, because you already know how important it is to stay hydrated, especially on massage day! You can also pick up a rate sheet, business card, or leave a review on Google using the QR code provided on the bulletin board. Do you have a suggestion for the Client Waiting Area? Send us a text or leave a note and many thanks for your thoughts...

of the details of the contest here:

<https://springlakemyotherapy.com/original-video-clip-contest-sept-1-to-dec-1-2019/>

Check out the Official Rules here:

<https://springlakemyotherapy.com/official-rules-for-original-video-clip-contest-sept-1-to-dec-1-2019/>

## Spring Lake Massage Therapy & Wellness Center

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Book an appointment